

## FOUR SEASONS EXODUS MINISTRY OF MISSOURI

Ecclesiastes 3:1-8 New King James Version (NKJV) Everything Has Its Time  
And it takes time to grow deep roots

\*Typically, each season will require 3 months to complete.

### Season 1

This season symbolizes spring with a new place to call home, a new job, and new Christian relationships.

- ❖ Meet with Probation and Parole, fulfill state requirements
- ❖ Set Personal Goals with Manager and/or Coordinator
- ❖ Visits: No visits with family and/or friends for the first two weeks upon release.

(Family members who wish to visit after the two-week adjustment period, must be approved with a signed family agreement form on file after being reviewed and signed by all parties over the age of 18. Anyone not on the approved visitor list will not be allowed on Exodus property. Visits shall remain very minimal. 1 visit per month. No overnight visits are allowed. These visits must transpire on Exodus property.

**Volunteers;** Individuals who freely give their time and use their resources to help participants.

Drivers provide transportation to the store, to work, and to other approved destinations. The participant *Must* utilize the transportation list whenever leaving Exodus campus. Mentors are hand picked to provide friendship, emotional support, and discipleship for the participant. Board members develop policies and serve as administrators of the ministry. In the first season, the participant should utilize opportunities to build relationships with the volunteers. They should also develop trust and open communication with the onsite manager and coordinator.

**Employment:** Participant is expected to gain employment. No more than 40 hrs. per week are allowed. Paychecks go to manager. The funds will be deposited and then the participant will meet with the financial mentor to budget those funds until the next paycheck. Participant agrees to learn from the manager and financial mentor, who will assist in

managing any and all monies and gifts received as well as any financial responsibilities.

- ❖ **Cell Phone:** Each apartment has a landline to use and the participant will pay the monthly charge for their apartment. A cell phone may be *purchased* (by the participant) if all financial commitments are paid/up to date and they are financially able to pay the full price for the phone and service. The cell phone is to be turned into the manager by curfew. Once the participant purchases a cell phone, the ministry will split the landline charge with the participant.
- ❖ **Internet Access:** The office phone and computer *may* be used with supervision and at the discretion of the manager and/or coordinator.
- ❖ **Church and bible study**  
Church attendance is required. Participant shall attend services with the Manager, Coordinator, mentor, or board member.
- ❖ **Attend court mandated recovery meetings and counseling sessions**

## Season 2

This season symbolizes summer with a life full of activity and productivity. Relationships mature and job responsibilities become more familiar. Productivity continues as the participant begins bearing fruit to the spiritual growth in season one. If season 1 is successfully completed, the participant will move into season 2, if any violations have occurred in season 1, the participant stays in that phase until an additional month has occurred free of additional violations

- ❖ Probation and Parole: continue reporting. Any urine tests must be clean
- ❖ Goals Accomplish or be working toward goals set in season 1
- ❖ Employment is maintained with good attendance and a good attitude. No more than 40 hrs per week are allowed.
- ❖ Volunteers: Continue using the ride list and spending time with mentor. Attend Counseling and Recovery meetings as deemed appropriate by state and/or coordinator.
- ❖ Continue weekly bible studies, church, and prayer meetings with coordinator, mentor or other volunteer associated with Exodus. Spiritual growth continues with an attitude of obedience and respect for authority
- ❖ Cell phone Cell phone may be kept through the night but will be monitored by manager and/or coordinator and usage may be restricted per coordinator's discretion.
- ❖ Additionally, laptop may be used in office with manager supervision. Resource materials may be checked out and used per manager's discretion and timeline.
- ❖ Financial obligations with Exodus and the state are being met. Participant paychecks continue to go to coordinator who will deposit funds and after meeting with the financial mentor, the coordinator will place designated funds into an envelope for the participant to buy essential items. Receipts must be kept and turned in to coordinator at the next financial meeting in order to establish the next week/month budget. All monies and gifts will be reported.
- ❖ Pre-approved family members may visit twice a month and include one over night visit upon manager approval. Visits must continue to transpire on Exodus property. The manager *may approve*, in advance to a family visit, for transportation by a family member for trips to the lake, the park, restaurant, or other approved destinations.

- ❖ Friends and coworkers may be added to the visitor list and be a guest on site per manager's discretion.

## Season 3

This season symbolizes Autumn, which is rich and vibrant. The spiritual truths acquired in season 1 and 2 are maturing on a deeper level. If seasons 1 and 2 are successfully completed and the participant is violation free during season 2, the participant will then move into season 3. If a violation occurs in phase 2, then one month is added until the participant has been violation free for 30 additional days before advancing to season 4.

- ❖ Employment is maintained; good attendance and attitude
- ❖ Participant seeks church involvement and seizes volunteer opportunities. Continues bible study and prayer. Spiritual growth continues with an attitude of obedience and respect for authority
- ❖ Financial obligations with Exodus continue to be met. Participant paychecks continue to go to coordinator who will deposit funds and after meeting with the financial mentor, the coordinator will place designated funds into an envelope for the participant to buy essential items. Receipts must be kept and turned in to coordinator at the next financial meeting in order to establish the next week/month budget. The participant *may* seek additional employment at this time for the purpose of adding to their Graduation Fund.
- ❖ Manages time well. Accomplishing goals
- ❖ Attend counseling sessions as recommended by Coordinator. Continues to spend time with mentor and coordinator. Continue utilizing the ride list. Outside friendships may have developed through work, volunteer opportunities or church attendance.
- ❖ Cell Phone will have minimal monitoring
- ❖ Laptop, along with other resource materials, may be checked out of the office per Coordinator's discretion and timeline. Internet access allowed but monitored
- ❖ Pre-approved Family visits *may* increase to weekly. Two out of four visits can be overnight on Exodus property. The manager *may approve*, in advance to a family visit, for transportation by a family member for trips to the lake, the park, restaurant, or other approved destinations.

- ❖ ADD Participant may gain transportation from approved friends and coworkers at the coordinators discretion

\*\*\*At nine months, she is eligible to apply for our second year program. Her acceptance will be based on the amount of seasons she has completed.

## Season 4

This season symbolizes Winter. The spiritual growth in season 1,2, and 3 are mature enough to give back and pour out on others. Transformation, while a continual process, enables the participant to successfully prepare for life outside of Exodus or the real-life challenge in our second year program

To enter this last season, the participant is expected to show emotional growth, maturity within their interpersonal relationships, and respect for authority by adhering to the policies and regulations in the previous seasons. In order to move into our second year Real Life Challenge Program, season 4 must be completed.

- ❖ Employment is maintained with good attendance and a good attitude
- ❖ Participant continues church, bible study, and prayer. Seeks volunteer opportunities or ways to serve others
- ❖ Financial obligations with Exodus continue to be met. The coordinator still receives paychecks but the participant should be able to establish the budget, manage spending and be making future plans. Receipts are still submitted to the manager at the financial meetings.
- ❖ Continues to manage time well. List of goals have shrunk. Accomplishments have increased
- ❖ Has developed strong relationships with mentor and/or other volunteers as well as those in her church family
- ❖ Counseling may be complete or may continue under the advisement of manager and/or coordinator
- ❖ Family visits *may* increase to weekly at the discretion of the manager and coordinator. Two out of four of the family visits can be overnight visits occurring on Exodus property. 1 (out of the four weekly visits per month) *may* occur off campus to visit family as long as it does not hinder the participant's time and activities with Exodus volunteers, mentor, or Coordinator. This visit must *not* violate curfew and is *not* an overnight visit. Also, visits must not hinder the

participant's progress or interfere with work. Any transportation from family members must be approved in advance by the manager and/or coordinator.

- ❖ Cell phone and internet access is no longer monitored
- ❖ ADD A vehicle may be obtained and used by the participant

This document is to be used in conjunction WITH the participant agreement so that there is a clear understanding of how privileges and responsibilities should be handled. Extenuating circumstances may occur that do not fit in the perimeters of these guidelines. In those instances, the coordinator should be consulted for direction and the board will need to approve things not specifically noted. The participant must be willing to adhere to the policies and procedure of Exodus in order to complete the program. If the participant does not graduate, the entire graduation fund is forfeited.

Since each participant receives \$200 in their account to pay for first month expenses and allow sufficient time to gain employment, \$200 will be deducted from the graduation account to be used for the next participant.